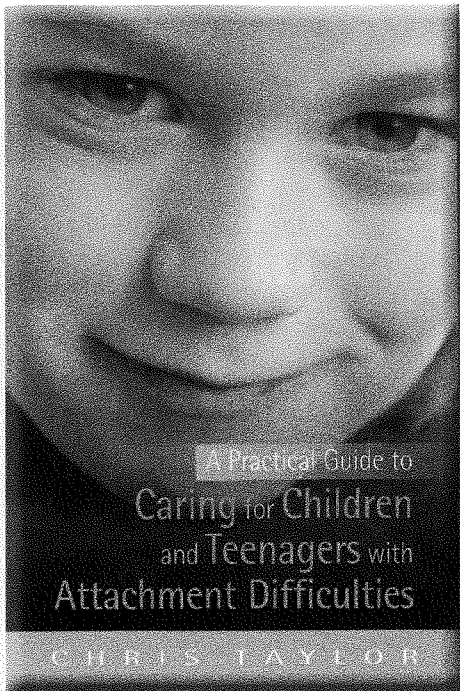




Reviewed in: *foster families (Autumn 2010)*



**A Practical Guide to Caring for Children and Teenagers with Attachment Difficulties, by Chris Taylor (Jessica Kingsley Publishers) £18.99**

**ISBN: 978 1 8490 5081 4**

If I saw this book in a bookshop I would pick it up, simply because of the title, but after doing what I usually do (look at a few pages to get an idea of what it's about), I'm afraid I wouldn't actually go on to buy it. Mainly because I found the first half of the book quite difficult to read - you could clearly tell it was written by a professional, rather than someone who has lived with a child or young person with an attachment disorder. It is useful to know what causes attachment difficulties, but I found it too in-depth at times and really hard to take in. However, as the book went on and talked more about strategies for managing attachment issues, it was much clearer. I would choose a book with this as a main feature as it's what I'm looking for.

It's very complex for people new to attachment issues. A professional does obviously have an insight into issues such as attachment difficulties from their training and working with such children and young people, but their experience is different to ours, the carers, who live with it on a daily basis.

by Kathy Louca, foster carer. Next issue Kathy shares her experiences of caring for a young person with attachment issues.

A book to guide residential carers, social workers and foster carers through attachment theory. It provides techniques for caring for children with attachment difficulties.