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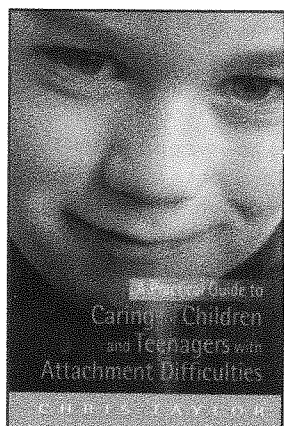
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A Practical Guide to Caring for Children and Teenagers with Attachment Difficulties

Chris Taylor. Jessica Kingsley Publishers. ISBN: 978-1-84905-081-4. Paperback: £18.99 (www.jkp.com)



I first came across this book in an in-house training session at work on the subject of adult attachment. The trainer often referred to it and I became curious so I agreed to review it from a practitioner

origins of their problem to their early childhood and teenage years, so it is equally reasonable to question how can you address the problems in practical ways before they become entrenched? This is where I feel this is an excellent easy-to-read resource which can help practitioners in their work.

It has eight chapters covering: The development and patterns of attachment (Chapter 1), How change can be initiated (Chapter 2), Care giving (Chapter 3), Working towards recovery (Chapter 4), Working with conflict (Chapter 5), Working with anger (Chapter 6), Managing challenging behaviour (Chapter 7) and Changing problem behaviour (Chapter 8).

I would thoroughly recommend Chapter 1 for those interested not just in patterns of

attachment but also the implications of attachment in families where domestic violence is a feature. One negative is the use of certain jargon, which did throw me a bit, such as 'the child's socio-emotional environment provides a developmental niche in which to grow and develop' – I am sure that could have been explained with more panache.

That apart, this book adds so many extra dimensions to the understanding of attachment and adds such extra value to the understanding of problematic attachment behaviours and their management that it would be a shame not to have it on your bookshelf.

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perspective.

It is reasonable to assert that many adults who have attachment issues will trace the