

Seeing the Therapeutic Alliance

Complete this page first. Tick the one's you think apply.

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Your belief about the YP	YP is trouble and a threat	
	YP is capable of working with me	
	YP is incapable of helping themselves	
Your belief about your self	I must protect myself, I can't let others see my vulnerability	
	I am competent and capable of working with this YP	
	I am the one who can help this YP	
Your belief about the placement	What we are doing won't work	
	What we are doing I can help them improve and solve their problems	
	We can look after them, but they won't really change	

NOW TURN TO SECOND PAGE

Now complete this one

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YP belief about you	You will hurt, reject or abandon them	
	You will work with them and help them	
	You will protect and save them	
YP belief about self	I am helpless / vulnerable	
	I can work with someone toward my goals	
	I don't deserve help – others do	
YP belief about living with you	Living here won't help me	
	Living here can help me improve and solve my problems	
	Nothing will change with what they are doing	